

If You Are Sick Don't Go...



Stay Home!

What You Can Do: Stay Home When You Are Sick!

- Avoid contact with people who are sick. Cover your coughs and sneezes, and wash your hands often with soap or water. Don't share personal items and clean frequently touched surfaces with soap and water.
- If you are sick with a fever or persistent cough, stay home. Keep your distance from others. If someone in your house is sick, stay home to avoid unknowingly spreading the virus to others.
- Do not attend large events, such as sporting events, conferences, or other community events if you have a fever and persistent cough, do not feel well, or someone in your home is sick.
- If you aren't sick, consider your risk of getting COVID-19 at the event before you go.
- Set up a separate room for sick household members. Clean the room regularly. Do not interact with them more than necessary.
- Check in with family and friends who live alone—especially those with chronic diseases.
- If you live alone, ask your friends and family to check in with you if you become sick.

STAY INFORMED
CORONAVIRUS
COVID-19 **BE PREPARED**



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